

MARCH 2009 • NEW BEDFORD PUBLIC SCHOOLS – BREAKFAST / LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
2 LUNCH: WHOLE GRAIN FRENCH TOAST STICKS, SAUSAGE LINK, MAPLE SYRUP, ORANGE WEDGES, JUICE, CHOICE OF MILK	3 LUNCH: CHICKEN QUESADILLA, KICKIN' RANCH, GOLDFISH CRACKERS, APPLE SLICES, CARROT STICKS, CHOICE OF MILK	4 LUNCH: PIZZA BAGEL, CELERY w/LITE RANCH, CHOCOLATE SHERBET CUP, CHOICE OF MILK	5 LUNCH: SPAGHETTI w/MEAT-BALLS, WHOLE WHEAT BREAD STICK, MARGARINE, GREEN BEANS, SLICED PEARS, CHOICE OF MILK	6 LUNCH: FISH & CHEESE SANDWICH, POTATO PUFFS, VEG-ETABLES, APPLE FRUIT PIE, CHOICE OF MILK
9 LUNCH: LINGUICADOG ON A ROLL, CHIPS, CELERY STICKS w/LITE RANCH, SLICED PEACHES, CHOICE OF MILK	10 LUNCH: NUGGETS w/DIPPING SAUCE, MASHED POTATO, CORN NIBBLETS, APPLE SAUCE, CHOICE OF MILK	11 LUNCH: CHICKEN & STARS SOUP w/CRACKERS, DAGWOOD SANDWICH, FRUIT, CHOICE OF MILK	12 LUNCH: SLOPPY JOE ON A BUN, PEAS, RASPBERRY SHERBET CUP, CHOICE OF MILK	13 LUNCH: TWISTED EDGE PIZZA, TOSSED SALAD w/LITE DRESSING, FRESH FRUIT, CHOICE OF MILK
16 LUNCH: CREAM TURKEY, WHEAT DINNER ROLL, MARGARINE, MASHED POTATO, CORN NIBBLETS, FRUIT MIX, ST. PATTY'S COOKIE, CHOICE OF MILK	17 <i>St. Patrick's Day</i> <i>Professional Day</i> <i>No School</i>	18 LUNCH: POPCORN CHIX, SPANISH RICE, PEAS, DICED PEACHES, CHOICE OF MILK	19 LUNCH: WHOLE GRAIN MAXX STICKS w/DIPPING SAUCE, CELERY STICKS w/LITE RANCH DRESSING, ORANGE SHERBET CUP, CHOICE OF MILK	20 LUNCH: MACARONI & CHEESE, GREEN BEANS, WHEAT DINNER ROLL, FRESH FRUIT, CHOICE OF MILK
23 LUNCH: BACON CHEESEBURGER, CHIPS, SLICED BEETS, APPLE SAUCE, CHOICE OF MILK	24 LUNCH: HOT DOG ON A BUN, VEG-ETARIAN BEANS, DICED PEARS, CHOICE OF MILK	25 LUNCH: CHICKEN RINGS, POTATO STARS, SNACK PACK CARROTS, LITE RANCH PKT, FRESH FRUIT, CHOICE OF MILK	26 LUNCH: SHEPARD'S PIE w/CORN, BROWN GRAVY, WHOLE WHEAT DINNER ROLL, MARGARINE, FRUIT MIX, CHOICE OF MILK	27 LUNCH: CHEESE PIZZA, TOSSED SALAD w/LITE DRESSING, GRAPE SHERBET, CHOICE OF MILK
30 LUNCH: MINI TURKEY CORN DOGS, MAC. & CHEESE, PEAS, MINUTE MAID STRAWBERRY JUICE BAR, CHOICE OF MILK	31 LUNCH: CHEESE PIZZA DIPPERS w/DIPPING SAUCE, GREEN BEANS, MANDARIN ORANGES, CHOICE OF MILK	VIEW MENU ONLINE: • www.newbedfordschools.org (click on Parents & Community to access Menus)		

DAILY ALTERNATE BREAKFAST/CEREAL - LUNCH: PEANUT BUTTER & JELLY / FLUFF or MEAT SANDWICH. SLICE BREAD AVAILABLE AT LUNCH DAILY.